FREE to Years R, 1 & 2

SALAD BAR, FRESH FRUIT, MILK or WATER AVAILABLE EVERY DAY

£2.00 a day Years 3, 4 , 5 & 6

Week 1

Dates: 2016—31 Oct, 21 Nov, 12 Dec,
2017—16 Jan, 6 Feb , 6 Mar, 27 Mar

M
Homemade Meatballs & Pasta or
Bean & Veg Sweet & Sour with Rice or
Jacket Potato or Sandwich
Steamed Sultana Sponge or Yogurt

T
Beef Pasty, Potato & Veg or
Tomato Vegetable Pasta or
Jacket Potato or Sandwich
Strawberry Jam Cake or Yogurt

W
Roast Turkey or
Cheesy Vegetable Bake or
Jacket Potato or Sandwich
Fruit Salad & Ice Cream or Yogurt

T
Sausage Roll & Baked Beans or
Vegetable Chilli & Rice or
Jacket Potato or Sandwich
Carrot Cake or Yogurt

F
Fish & Chips with Veg or
Potato & Carrot Bake or
Jacket Potato or Sandwich
Melting Moments or Yogurt

Week 2

Dates: 2016—7 Nov, 28 Nov,
2017—3 Jan, 23 Jan, 20 Feb, 13 Mar

M
Salmon Risotto & Veg or
Cheesy Tomato Muffin Pizza & Veg or
Jacket Potato or Sandwich
Coconut Flapjack or Yogurt

T
Pasta Bolognaise or
Vegetable Bean Casserole & Potato or
Jacket Potato or Sandwich
Apple Sponge or Yogurt

W
Roast Beef or
Cauliflower, Broad Bean Pasta Bake or
Jacket Potato or Sandwich
Strawberry Jelly or Yogurt

T
Chicken in BBQ Sauce, Veg & Rice or
Vegetable & Bean Paella or
Jacket Potato or Sandwich
Mixed Fruit Muesli Crunch or Yogurt

F
Fish, Chips & Veg or
Quorn & Chickpea Curry with Rice or
Jacket Potato or Sandwich
Oat Ginger Biscuit or Yogurt

Week 3

Dates: 2016—14 Nov, 5 Dec,
2017—9 Jan, 30 Jan, 27 Feb, 20 Mar

M
Sausages, Potatoes & Baked Beans or
Stir Fried Vegetable Rice or
Jacket Potato or Sandwich
Syrup Pear Sponge

T
Homemade Chicken Nuggets, Pasta & Veg
or Macaroni Cheese or
Jacket Potato or Sandwich
Apple Crumble or Yogurt

W
Roast Gammon or
Tomato & Leek Potato Bake or
Jacket Potato or Sandwich
Fruit Smoothie or Yogurt

T
Beef Stew, Dumpling, Potato & Veg or
French Bread Pizza & Baked Beans or
Jacket Potato or Sandwich
Coconut Shortbread or Yogurt

F
Fish, Chips & Veg or
Vegetarian Sausage, Chips & Veg or
Jacket Potato or Sandwich
Custard Biscuit or Yogurt

JACKET POTATO AND SANDWICH FILLING OPTIONS

Cheese, Ham, Tuna Mayo or Egg Mayo, plus Baked Beans for Potatoes only