

# Tavistock Primary and Nursery School

## **Appendix 1 Outline of Content**

**Science** – Key Stage 2 National Curriculum, statutory from 2014

### **Year 5**

Describe the differences in the life cycles of a mammal, an amphibian, an insect and a bird

Describe the process of reproduction in some plants and animal

- Guidance – pupils should find out about different types of reproduction, including sexual and asexual reproduction in plants, and sexual reproduction in animals.

Describe the changes as humans develop to old age

- Guidance – pupils should draw a timeline to indicate stages in the growth and development of humans. They should learn about the changes experienced in puberty.

**Relationships Education** – introduced from Sept 2019, statutory from April 2021

Pupils should know about:

- Families and people who care for me
- Caring relationships
- Caring friendships
- Respectful relationships
- Online relationships
- Being safe

**Health Education** – introduced from Sept 2019, statutory from April 2021

Pupils should know:

- Key facts about puberty and the changing adolescent body, particularly from age 9 through to age 11, including physical and emotional changes

- About menstrual wellbeing including the key facts about the menstrual cycle.

“Puberty including menstruation should be covered in Health Education and should, as far as possible, be addressed before onset. This should ensure male and female pupils are prepared for changes they and their peers will experience” (Relationship and Sex Education DfE Feb 2019)

**Sex Education** – primary schools are not required to teach sex education. Parents have the right to request that their child is excused from sex education but this does not include what is taught as part of science curriculum.

“The DfE continues to recommend therefore that all primary schools should have a sex education programme tailored to the age and the physical and emotional maturity of the pupils. It should ensure that both boys and girls are prepared for the changes that adolescence brings and – drawing on knowledge of the human life cycle set out in the national curriculum for science – how a baby is conceived and born.” - (Relationship and Sex Education DfE Feb 2019)

#### **Science/Health Education (statutory)**

##### **Year 5**

Terminology – correct vocabulary for sex parts of the body

Puberty – general overview delivered in a mixed sex group

Menstruation in more detail – delivered to girls

#### **Sex Education (non statutory)**

We annually offer parents/carers a meeting to give more detail of Y6 curriculum content and opportunities to discuss their questions.

Parents/Carers have the right to request that their child be withdrawn from some or all of the sex education aspects of the curriculum. There is no right to withdraw from Science, Relationships or Health Education.

##### **Year 6**

Revisit puberty for males and females in more detail – delivered in mixed and single sex groups

Conception in humans (sex education)

Birth of human babies (sex education)