

**FREE to Years
R, 1 & 2**

**SALAD BAR, FRESH FRUIT, YOGURT,
MILK or WATER AVAILABLE EVERY DAY**

**£2.20 a day
Years 3, 4, 5 & 6**

Week 1

Dates: 19 Apr, 10 May, 7 & 28 June, 19 July,
20 Sept, 11 Oct

M

Pasta Bolognese & Veg (DF),
Quorn Burger in a Bap, Veg or Beans
(DF),
Jacket Potato or Sandwich
Fruit Shortbread (DF)

T

Sweet and Sour Chicken & Rice (DF/GF),
Macaroni Cheese with Vegetables
Jacket Potato or Sandwich
Fruit Flapjack (DF)

W

Roast Gammon (DF/GF),
Quorn Chilli and Rice (DF/GF),
Jacket Potato or Sandwich
Strawberry Angel Delight(GF)

T

Salmon Pasta & Vegetables (DF)
Cheese Wheels & Veg or Beans,
Jacket Potato or Sandwich
Pear and Chocolate Sponge (DF)

F

Fish & Chips with Vegetables,
Roast Vegetable Pizza Chips & Veg,
Jacket Potato or Sandwich
Frozen Fruit Smoothie Pot (DF)

Week 2

Dates: 26 Apr, 17 May, 14 June, 5 July, 6 &
27 Sept, 18 Oct.

M

Pork Chilli and Rice (DF),
Vegetable Sausage, Garlic Bread & Beans
Jacket Potato or Sandwich
Fruit Flapjack (DF)

T

Chicken in BBQ Sauce & Wedges (GF),
Cheese & Tomato Pizza, Beans or Veg
Jacket Potato or Sandwich
Cheese and Biscuits

W

Roast Beef Dinner (DF)
Cheese and Potato Pie (GF)
Jacket Potato or Sandwich
Banana & Choc Chip Biscuit (DF)

T

Chicken Stir Fry & Noodles
Vegetable Curry & Rice (DF/GF)
Jacket Potato or Sandwich
Pineapple Sponge (DF)

F

Fish, Chips & Vegetables or
Vegetable Nuggets (DF) or
Jacket Potato or Sandwich
Strawberry Ice Cream Pot

Week 3

Dates: 3 & 24 May, 21 June, 12 July, 13 Sept, 4
Oct

M

Chicken Curry and Rice(DF/GF)
Quorn Bolognese & Veg (DF)
Jacket Potato or Sandwich
Cherry Biscuit (DF)

T

Beef & Vegetable Pie & Potatoes (DF)
Tomato Pasta & Veg
Jacket Potato or Sandwich
Strawberry Angel Delight (GF)

W

Roast Chicken Mash & Veg, (DF/GF)
Sweet & Sour Vegetables & Rice (DF/GF)
Jacket Potato or Sandwich
Apple Sponge (DF)

T

Beef Burger in a Bap, Veg or Beans (DF)
Cheese & Onion Pasty Pie, Potatoes & Veg
Jacket Potato or Sandwich
Fruit Flapjack (DF)

F

Fish, Chips & Vegetables or
Cheese Muffin, Chips & Vegetables
Jacket Potato or Sandwich
Raspberry Ripple Ice Cream Pot

JACKET POTATO AND SANDWICH FILLING OPTIONS

Cheese, Ham, Tuna Mayo or Egg Mayo, plus Baked Beans for Potatoes only