

Counting

Find opportunities to count with your children. This can be done by counting toys or other household objects and through singing rhymes such as "1, 2, 3, 4, 5", "Ten Green Bottles" and "Five Little Men in a Flying Saucer".

You could also count the number of steps you take from one spot to another or the number of jumps you can do in 20 seconds!

Get Physical!

Keep moving by going for little walks or running around the garden. You could set up circuit stations to move between- ideas for this include: star jumps, hopping, balancing on one leg and throwing and catching a large ball. Can you think of any others?



Water Play

Children love to play with water and pour from one container to another. The lovely weather we have been having has provided great opportunity for playing with water outside! Use a washing-up bowl and some jugs or plastic cups. You can even add glitter or food colouring to the water!

Why not add some washing up liquid and create a 'toy washing' game?

If your little learners have a keen interest in a particular subject, such as vehicles or dinosaurs, check out the '[DK findout!](#)' website. This contains lots of facts that you can share with them and some great pictures for them to look at.

Save old toilet rolls to turn into fantastic creatures and famous characters. Here are some ideas I found on the internet:



Icy Eggs!

Last week, Samuel and Amelia had great fun creating these 'Icy Eggs'! We collected some wild flowers that were growing in the garden and placed them into balloons (you need strong fingers to stretch the balloons!). We then filled them with water, tied the tops tightly and put in the freezer for around 8 hours. The results were so pretty!



They don't last long but afterwards they had fun crushing and melting them using warm water and salt. Amelia had put a bit of rosemary in hers so the smell was released as it melted!

16 Everyday Activities That Count as Learning

1. Cooking & Baking 
2. Meal Planning 
3. Budgeting 
4. Checking the Weather Forecast 
5. Building with LEGO 
6. Playing Card Games 
7. Playing Board Games 
8. Doing Puzzles 
9. Imaginative Play 
10. Listening to Music 
11. Reading 
12. Coloring, Drawing, Painting 
13. Listening to Podcasts or Audiobooks 
14. Writing Letters or Emails 
15. Taking a Walk 
16. Cleaning & Doing Chores 