Recommended reading for parents

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| **Name of book** | **What its about** |
| “[The Out-of-Sync Child: Recognizing and Coping with Sensory Integration Dysfunction](https://amzn.to/2Y2YoJt)” by Carol Stock Kranowitz, MA | If your child has any sensory issues, you might find this book helpful. It explains the difference between children who are “sensory-seekers” and those who are “sensory-avoiders” based on their response to stimuli. |
| “[Far From the Tree: Parents, Children and the Search for Identity](https://amzn.to/2OwoTUu)” by Andrew Solomon | “to what extent should parents accept their children for who they are and to what extent they should help them become their best selves?” The book stresses each family has unique challenges, yet many of the feelings are universal — such as isolation or facing obstacles that feel impossible at the time. |
| “[Child Decoded: Unlocking Complex Issues in Your Child’s Learning, Behavior or Attention](https://amzn.to/2OUscDX)” by Marijke Jones, Robin E. McEvoy PhD and Kim Gangwish | “Child Decoded” is especially helpful for children who have difficulty with behaviors and learning issues. The authors provide checklists and guidelines for parents as well as insights as to how our bodies work. “Child Decoded” doesn’t try and give just one solution to a child’s behavior or learning, it offers several things that can be done to help. |
| [Chicken Soup for the Soul: Children with Special Needs: Stories of Love and Understanding for Those Who Care for Children with Disabilities](https://www.amazon.com/gp/product/B01NAO7CAP/ref=as_li_tl?ie=UTF8&camp=1789&creative=9325&creativeASIN=B01NAO7CAP&linkCode=as2&tag=comeunity-20&linkId=0f46378f5356bfeba9905e56ffa53b32) By Jack Canfield, Mark Victor Hansen, Heather McNamara, and Karen Simmons | Topics from community, milestones, breaking barriers, gratitude and fostering independence. |