

Planting and Growing Nature Bracelets Have you been growing any Why not have a go at seeds? I wanted to grow some making one of these cress as this is really easy to beautiful bracelets? do, but couldn't find any in the shops! Instead, we tried planting the seeds from some tomatoes and peppers that we ate. Look how they're doing! It's so much fun to see how they've grown each All you need are some day! flowers, leaves or twigs that can be collected from your garden or when you go out for a walk. Simply glue your findings onto some strips of paper! **Get Physical!** What better way to get your little ones moving than to some action nursery rhymes?! Dance along to 'Heads, Shoulders, Knees and Toes', 'The Grand Old Duke of York' or get them to teach you our favourite, 'The Funky Chicken'! 🙂

