

21st January 2022

# Tavistock Primary and Nursery School Newsletter

Dear Parents/Carers,

We have been enjoying these cold, but sunny days towards the end of this week. Year 1 children had the perfect weather for their Garden Day today, although there were quite a few pink cheeks and noses!

The office team has been very busy organising the KS2 residential trips for this academic year. There are a few things to confirm, as some venues will not accept bookings until closer to the time. However, we have the estimated prices, which may change slightly, but will give you an idea of costs.

Year 4: 2 nights and 3 days visit to Dartmoor - £120

Year 5: 3 nights and 4 days visit to London and Legoland - £240

Year 6: 4 nights and 5 days visit to Porthpean outdoor pursuits centre in Cornwall - £320

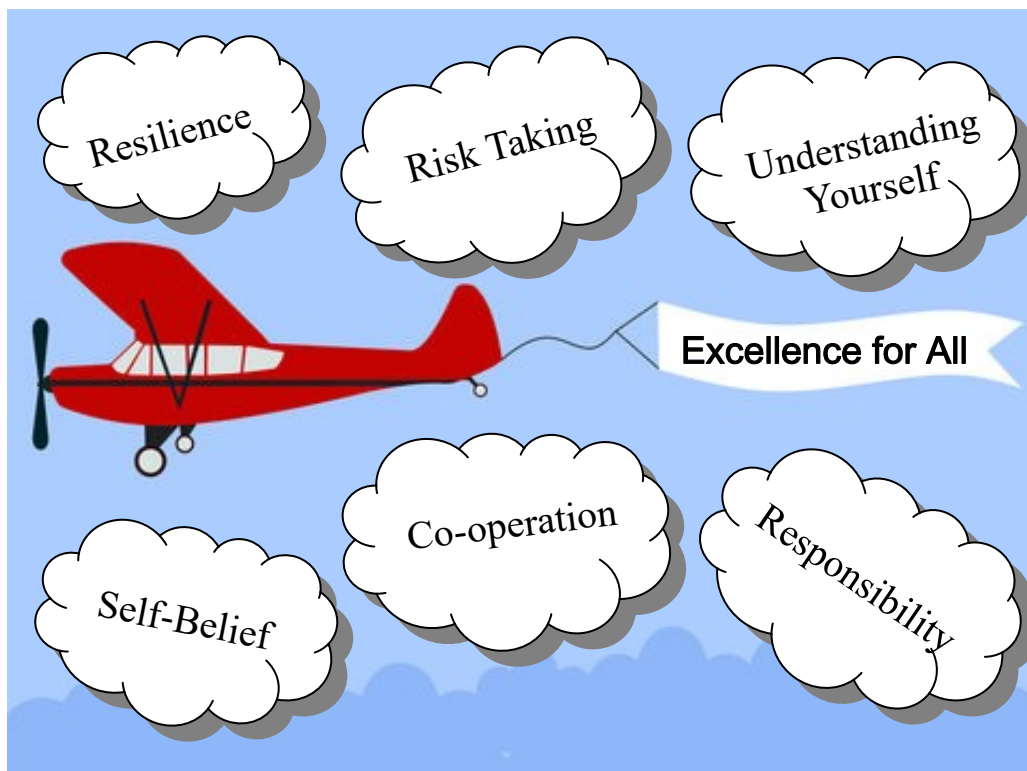
These will be available on Parentmail next week, to allow deposits to be made and to support parents in spreading costs.

If you would like any further information about the residential trips, please talk to your child's class teacher, me or Mrs Alexander at any time.

Enjoy the weekend, let's hope the sunshine continues and we can all up our vitamin D intake.

*"Keep your face to the sun and you will never see the shadows."* Helen Keller

Mrs L Handel  
Headteacher



www.tavistock-pri.devon.sch.uk | 01822 616044  
Find us on social media | f t

## Dates for Your Diary

- > Feb 21st half term week begins
- > Week commencing 28th March Y4 residential trip to Dartmoor
- > 11th April Easter Hols
- > Week commencing 9th May Y5 residential trip to London
- > Monday 2nd May school closed for bank holiday
- > May 30th half term week begins
- > Week commencing 27th June Y6 residential trip to Porthpean
- > Friday July 22nd School Closed

## Garden Days

Reception
Friday 14th January
Year 1
Friday 21st January
Year 4
Tuesday 25th January
Year 5
Thursday 27th January
Year 3
Thursday 10th February
Year 6 (Class 15)
Wednesday 2nd February
Year 6 (Class 14)
Thursday 3rd February
Year 2
Thursday 17th February

### IMPORTANT REMINDER

With Covid 19 cases on the rise nationally, please remember it is Government advice to continue to undertake a lateral flow test regularly. Please inform the school if you receive any positive test results. If you have not yet had your vaccine or booster jab, please consider booking in for it.

**Let's all do our bit to get through this!**



Due to allergies, we are a nut free school. Please do not send your child to school with nuts or nut based foods.

### Apologies from the Kitchen:

Yesterday there was a small mix up from School Grid. All children were served a delicious lunch as usual, but it was not as we advertised on the menu. This has now been rectified.

### REMINDER

When parking, please remember that our car park is for **STAFF PARKING ONLY**.

Please do not park at the clinic opposite as this parking is reserved for their patients.

### How to Stay Safe Online

It is really important that everyone knows how to stay safe online. Using the Internet sensibly is something that Tavistock Primary and Nursery School encourages all children to do. Children should make sensible choices and be careful what they share online.

Social Media is a fantastic platform for sharing information and ideas, but make sure your child is vigilant with who they accept a friend request from online.

Information about how to stay safe online can be found at: <https://www.nspcc.org.uk/keeping-children-safe/online-safety/>



#### ZIP IT

Keep your personal stuff private and think about what you say and do online.



#### BLOCK IT

Block people who send nasty messages and don't open unknown links and attachments.



#### FLAG IT

Flag up with someone you trust if anything upsets you or if someone asks to meet you offline.

**amazon**smile  
You shop. Amazon gives.

AmazonSmile is a simple way for you to support our school every time you shop, by donating 0.5% of the cost of your purchase, at no extra cost to you.

AmazonSmile is available at [smile.amazon.com](https://smile.amazon.com) on your web browser and can be activated in the Amazon Shopping app for iOS and Android phones.

Simply open Amazon Smile and search for **Tavistock Community Primary Home School Association** or search for us by our registered charity number **1108467** to select our school as your chosen charity.

**What is the donated money used for?** To advance the education of pupils in the school in particular by: (1) developing effective relationships between staff, parents and others associated with the school; (2) engaging in activities or providing facilities or equipment which support the school and advance the education of the pupils.

### U4—U8 Football Training

Sessions will run on a Monday 5-6pm on Tavistock 3G.

**When**—Starting Monday 7th February.

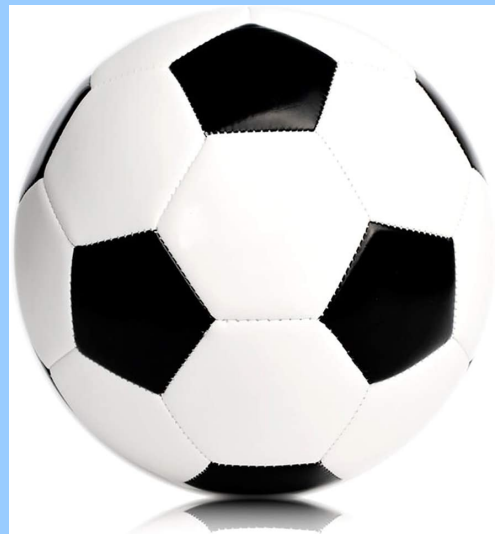
MON 7th & 14th February, these sessions will be free, then after that a monthly fee (I'll discuss at sessions)

After this each new player will receive a free taster session.

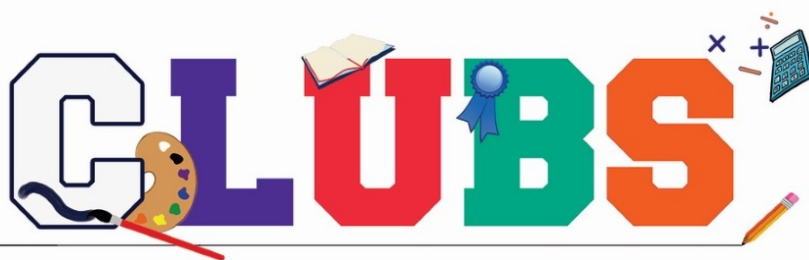
I will be adding another evening session as well as Saturday AM, there'll be no extra charge for the other sessions. These sessions are open to boys & girls of all abilities, even playing for a team come in and do some extra training. Please don't hesitate to contact me if you have any questions.

LOOK FORWARD TO SEEING YOU ALL

andymeeds@hotmail.com



if



Children have now been allocated spaces in clubs. Information should be coming home with your child today.

Unfortunately, due to high demand,

not every child has been allocated their first choice club. If they do not come home with a slip, after school provision is still available.

The lucky winners of the Autumn Term Good to be Green Raffle were:

Cali in Foundation Stage

Alice in Key Stage One

Luke in Lower Key Stage Two

Simon in Upper Key Stage Two

The winners recieved a £5 voucher for Book Stop



Children's Mental Health Service are developing a new crisis pathway. This is an opportunity for families going through different difficulties to have their voices be included in the planning stages. The survey closes at the end of January.

For an opportunity to have your voice heard, please follow this link: <https://forms.office.com/r/mNQYIqSgby>



### PRIMARY SCHOOLS CHALLENGE 2022



Every week you run 1 mile.

The challenge is to try and reach an overall total of **12 miles** before running your final mile at the home of Tavistock Athletic Club on Sunday 20<sup>th</sup> March.

**13 miles, HALF MARATHON DISTANCE!**

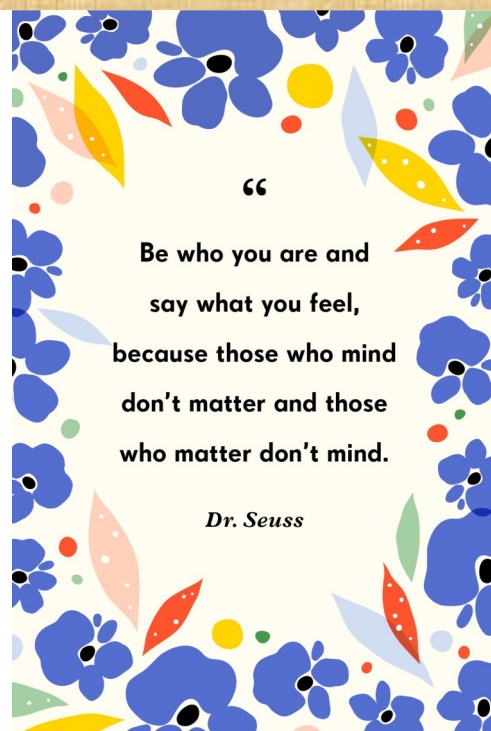
The cost is **£8.50** to enter – For this you will receive a Tavy 13 Primary Challenge 2022 Tee Shirt and medal.

Pick up an entry form from your school or email the address below to receive it electronically. All entries should be sent in by Friday 18<sup>th</sup> February to guarantee tee shirt on 20<sup>th</sup> March.

Payment, if preferred, can be made direct to Tavistock Athletic Club – sort code 40-27-04 – account number 31262394 – ref child's name. Form may be handed into school with cash or cheque (payable to Tavistock Athletic Club) or paid by bacs written on the top, emailed to the address below or posted to Mrs M McCall, 11 Glanville Road Tavistock, PL19 0EB.

For more information, please contact: Mhairi McCall, Primary Challenge Coordinator  
Tel 07803 594962 email: [mhairi@ocrasport.org.uk](mailto:mhairi@ocrasport.org.uk)

*Let's have fun getting fit!*



### Rock Monsters

To make Rock Monsters, you will need rocks, googly eyes and paint. If the idea of paint makes you nervous, you can use markers instead.

You can also use off cuts of yarn, glitter, stickers and other crafty bits.

You can get even more creative with giving your monsters interesting names and imaginative back stories.

Given it a try?  
Send us a photograph to share on our Social Media pages!



### Current Covid Guidance

- Get vaccinated and get your booster dose
- Wear a face covering in most indoor places and on public transport
- Work from home, if you can
- Get tested and self-isolate if required

<https://www.gov.uk/coronavirus>

### Current Self-Isolation Guidelines

If you test positive, your self-isolation period includes the day your symptoms started (or the day you had the test, if you did not have symptoms) and the next 10 full days.

You may need to self-isolate for longer if your symptoms do not go away.

You may also be able to leave self-isolation after 7 days if certain conditions are met.

<https://www.nhs.uk/conditions/coronavirus-covid-19/self-isolation-and-treatment/when-to-self-isolate-and-what-to-do/>