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TAVISTOCK

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4th January 2018



Message from the headteacher:

Happy New Year 2018 and welcome back to school for the Spring term.

Well done for the excellent attendance and punctuality last term—let's keep it up!

Healthier Eating

This is a great time of year to be thinking about food choices. Nationally our children are eating too much sugar this can lead to the **build up of harmful fat** on the inside that we can't see. This fat around vital organs can cause weight gain and serious diseases in the future. Having too much sugar can also cause **tooth decay**.



School dinners are nutritionally balanced to Government

guidelines and are good value for money at only £2 for Key Stage 2 children. Free for children in years R, 1 and 2.

If you choose to provide packed lunches, then there are some simple swaps you can make:

Sausage roll = sandwich

Fruit yoghurt = low fat, low sugar yoghurt

Fruit bar = fruit

Juice drink = water

School packed lunches should not contain chocolate bars or sweets

Skills for Success—Self Belief

C2—Lola Slater

C3—Zekai Shi

C4—Luke Pipe

C5—Adam Singleton

C6—Spencer Ellis

C7—Jude Boghurst-Trujillo

C8—Katie Court

C9—Izzy Rainbow-Roberts

C10—Gracie Young

C11—Archie Millar

C12—Charlie Purtill

C13—Jorge Thomas

C14—William Taynton-Young

C15—Abi Cummings

Applications for Primary School

Was your child born between 1st Sept 13 and 31st August 2014? If so apply online at www.devon.gov.uk/admissionsonline until the 15th Jan 2018. If you cannot access the school admissions website you can get more information by calling the Devon County Council Education Helpline on 0345 155 1019 or email: primaryschooladmissions@devon.gov.uk

Extra Curricular Clubs

Clubs will start the week commencing 15th January. Clubs will be running for children in years 2 to 6. The list and letter accompany this newsletter. Please make sure that these are returned to school by Monday 8th January.

Jewellery

A reminder to everyone that no jewellery should be worn to school (small stud earrings and a watch Y2+ permitted).

Attendance and Absence

Well done—our attendance for the Autumn term was 96.8% and our target for the year is 96.6%. All attendance is monitored half termly by the Education Welfare Officer and letters are sent for any attendance under 93%. If your child is unwell please phone the school on a daily basis. If your child is unwell for a school week (5 days) then evidence of a medical appointment will be required.

Swim Squad Selection

A letter was sent home yesterday inviting children in years 4, 5 and 6 to attend a trial next Wednesday afternoon 10th January. If your child would like to take part in this and can swim 50 metres using a recognised stroke, please make sure that the permission slip is completed and sent back into the office no later than next Monday 8th January.

New Special Educational Needs/ Disability Co-ordinator

We welcome Mrs Caroline Smith back to our school in a new role for her as SENDCo. She will be working part time for 2 days per week and contact should be made via the school office.

Family First Magazine

A useful online magazine with lots of tips to build a happier, healthier family lifestyle. The link to this is www.familyfirst.co.uk

St Eustachius Tree Festival

Many thanks to all those who visited and voted for our tree, this year we came 2nd.

House Points

Last half term the results were:

Red 519

Blue 532

Green 500

Yellow 427

Diary Dates

Events in January

Today -Home football match St Peter's

Tue 9th —Lead Governors' meeting

Wed 10th— Climbing Competition

Mon 15th- Yr 4 Dance festival

Wed 17th – Attendance Officer visit

Thur 18th —School Census day

Fri 19th —Fire talk Yr 2 & Yr 5

Mon 22nd– 3.15pm Parents' meeting

Dartmoor Residential trip

Fri 29th– Reception children eye check

Tue 30th– Youth Speaks competition

Term Dates

Spring Half Term—12th to 16th Feb

Easter Holiday—30th Mar to 13th Apr

Half Term—28th May—1st June

Non Pupil day— Monday 4th June

End of Year—Tuesday 24th July

