

Support groups and Advice in the West Devon area

<u>Name</u>	<u>Address/Webpage</u>	<u>Contact</u>	<u>Support Offered:</u>
'Transitions' Wisermoney Project	https://www.wisermoney.org.uk/	01823 299050 enquiries@wisermoney.org.uk	<ul style="list-style-type: none"> • Mental health advocacy and support – Mind in Somerset provide advocacy and support to help you through the advice journey; • Finding the right energy tariff for your home • Welfare benefits advice and uptake • Budgeting and income maximisation • Money and debt advice • Accessing other support services
Citizens Advice Torridge, North, Mid and West Devon - Tavistock	https://www.ruraldevoncab.org.uk/offices/tavistock	03444 111 444	<ul style="list-style-type: none"> • Advice on a wide range of matters
Tavistock Area Support Services - (TASS)		01822 616958 manager@tasstavistock.org.uk	<ul style="list-style-type: none"> • Services and activities, information and advice for over 55 year olds.
West Devon Borough Council - Housing Support		01822 813600 es@westdevon.gov.uk	<ul style="list-style-type: none"> • information and advice for council/housing association tenants, private tenants and homeowners. • advice about landlord or tenant problems, harassment and illegal evictions, rough sleepers • what to do if you are at risk of becoming homeless. • apply for social housing. • offer support with adapting and maintaining your home if you are eligible.

			<ul style="list-style-type: none"> Housing Benefit Support and Advice.
West Devon Children's Centre	https://www.actionforchildren.org.uk/how-we-can-help/our-local-services/find-our-services-near-you/west-devon/		<ul style="list-style-type: none"> online parenting support for families with children aged 0-19
Devon Advisory Consortium	https://devonadvocacy.org.uk/	0845 231 1900 devonadvocacy@livingoptions.org	<ul style="list-style-type: none"> to help people say what they want, secure their rights, represent their interests and to get the services they need. Advocates can visit you at home or a place of your choice and if an advocate can't help they can find someone who will.
DIAS	https://www.devonias.org.uk/	01392 383080 devonias@devon.gov.uk	

Support groups and Advice Nationally

<u>Name</u>	<u>Address/Webpage</u>	<u>Contact</u>	<u>Support Offered:</u>
Act Against Bullying (AAB)	https://actagainstbullying.org/	0208 995 9500 info@actagainstbullying.org	<ul style="list-style-type: none"> practical advice on all forms of bullying, helping children who are bullied, their parents and carers with helpful advice
Contact		0808 808 3555 info@contact.org.uk helpline@contact.org.uk	<ul style="list-style-type: none"> support, advice and information for families with disabled children no matter what their condition or disability
Cerebra			
YOUNG Minds	https://youngminds.org.uk	0808 802 5544	<ul style="list-style-type: none"> reassuring conversation, specialist mental health support, knowledge, advice
Family Fund	https://www.familyfund.org.uk/	08449 744 099	<ul style="list-style-type: none"> They give grants for things that make life easier and more enjoyable for the disabled child, young person and their family, such as

			washing machines, driving lessons, computers and holidays. to families on the lowest of incomes to help relieve the stress of everyday life.
Turn 2 Us	https://www.turn2us.org.uk/	<u>Online form only</u>	<ul style="list-style-type: none"> • Financial support
Quids 4 kids	http://www.cabdevon.org.uk/quids-for-kids/	https://secure.jotformpro.com/form/50544849595974	<p>Specialist advice to:</p> <ul style="list-style-type: none"> • Families of children (or young people up to the age of 21) with additional needs, a long-term illness or disability • Care leavers • Young homeless people • Foster parents • People looking after a child with a special guardianship order